

# GLOBAL PAEDIATRIC HIV CONTROL

WHERE WE'VE BEEN, WHERE WE'RE AT, WHERE WE'RE GOING

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# OUTLINE

## **Where we've been**

- Early impact of global HIV epidemic on children
- Development of paediatric HIV prevention and treatment strategies

## **Where we're at**

- Assess current global situation
- Bask in some glories, acknowledge shortcomings

## **Where we're going**

- Breaking down barriers
- Key areas for development
- End HIV/AIDS epidemic by 2030

# EARLY IMPACT

## **HIV MTCT up to 40%**

- In utero, intrapartum, breastfeeding

## **Rapid disease progression**

- 50% die by 2 years
- Median time to AIDS for remainder ~ 7 years

## **For those exposed but not infected**

- Poor growth and development
- Increased mortality
- Loss of caregivers

# **YEAR 2000**

## **1.4 million children living with HIV**

- 600,000 new infections annually
- 1500/day (>90%) occur in sub-saharan Africa

## **500,000 AIDS-related deaths per year (aged < 15 years)**

- 20% of AIDS deaths in children (cf. 4% living with HIV)

## **Few countries had PMTCT or ART programs**

## **HIV prevalence up to 25% in expectant mothers in sub-Saharan Africa**

## **> 95% paediatric infections acquired via vertical transmission**

# YEAR 2000



## Millennium development goals



- Reduce by  $\frac{2}{3}$  the under-five mortality rate



- Reduce by  $\frac{3}{4}$  the maternity mortality ratio
- Universal access to reproductive health



- Have halted and begun to reverse spread of HIV/AIDS
- Achieve (by 2010) universal access to treatment for HIV/AIDS

# DEVELOPMENTS

## Prevention of MTCT

- Maternal ART
- Caesarean section (vaginal delivery if HIV VL undetectable)
- Neonatal ART
- Exclusive formula (or AFASS) feeding

# DEVELOPMENTS

## Diagnostics

- ELISA (1984), Western Blot (1987), PCR (1996)
- Viral genotypic resistance profile
  - Only available in regional or national reference laboratories
  - Conserve effectiveness of first-line therapies
  - Guide second-line ARV selection
- Pharmacogenomics
- Cell-based tropism

# DEVELOPMENTS

## Point of care diagnostic technologies

- Rapid diagnostic test (RDT) kits
  - Immunochromatographic-lateral flow devices
  - Concerns about false-positive rates in certain settings
  - Need for quality assurance and alternative diagnostic strategies
  - Developed for non-blood samples (saliva, urine)
    - Self-testing programs
      - Need to ensure linkage to HIV care
- CD4 count
  - Variable performance
  - Limited (but positive) evidence for impact on therapeutic outcomes
    - Reduce loss-to-follow-up before ART initiation
    - Increase proportion of ART-eligible patients

# DEVELOPMENTS

## **Access to antenatal diagnosis**

- Scale up of PMTCT-specific health care services
- Opportunity to engage women in health care
- Facilitates timely initiation of ARVs
  - For PMTCT and maternal health

## **Early infant diagnosis (EID)**

- RNA/DNA PCR, p24 antigen assays
  - Dried blood spot
    - Heat stable, non-infectious, easily transportable
  - Point-of-care technologies in development
    - None in practice
- Allows early initiation of ART

# DEVELOPMENTS

## Therapeutics

- Antenatal access through PMTCT services
- Drug development
- Refining regimens
  - Evolving ARV regimens for pregnant women
  - First WHO paediatric HIV guidelines in 2006
  - Paediatric clinical trials
    - Incentives and/or penalties from regulatory agencies
- Paediatric formulations
  - Liquids, granules, sprinkles, FDCs

# DEVELOPMENTS

## Maternal ART

- **Option A:** AZT throughout MTCT risk period
  - Lifelong if  $CD4 \leq 350$  or WHO stage 3/4
- **Option B:** cART throughout MTCT risk period
  - Lifelong if  $CD4 \leq 350$  or WHO stage 3/4
- **Option B+:** lifelong cART
  - Irrespective of CD4 count or clinical status

# DEVELOPMENTS

## Paediatric treatment strategies

- Initially deferred until immunological/clinical deterioration
  - Drug toxicities
  - Development of resistance
  - Limited treatment options
- New focus on early initiation of HAART
  - Maximal suppression of HIV replication
  - Preservation / better recovery of immunity
  - Better clinical outcomes
  - Normal growth and development
  - Expanding therapeutic options with improved tolerability
  - Treatment as prevention

# ART THROUGHOUT CHILDHOOD

## Recommended first-line ART (not in the context of HBV or TB co-infection)

		< 1 year	1–3 years	3–6 years	6–12 years	> 12 years
Preferred	Third agent	LPV/r NVP	LPV/r NVP	LPV/r EFV	ATV/r EFV	ATV/r DRV/r EFV
	Backbone	ABC*/3TC (+ ZDV if NVP) <sup>†</sup>	ABC*/3TC (+ ZDV if NVP and CNS involvement or high VL) <sup>†</sup>	ABC*/3TC	ABC*/3TC	TDF/FTC <sup>§</sup> ABC*/3TC (if VL < 10 <sup>5</sup> copies/mL)
Alternative	Third agent	–	–	NVP DRV/r	NVP LPV/r DRV/r	NVP LPV/r RAL** DTG
	Backbone	ZDV <sup>†</sup> /3TC	ZDV <sup>†</sup> /3TC	ZDV <sup>†</sup> /3TC TDF/3TC (FTC)	ZDV <sup>†</sup> /3TC TDF/3TC (FTC)	ABC*/3TC

Source: PENTA guidelines for treatment of paediatric HIV-1 infection 2015: optimising health in preparation for adult life

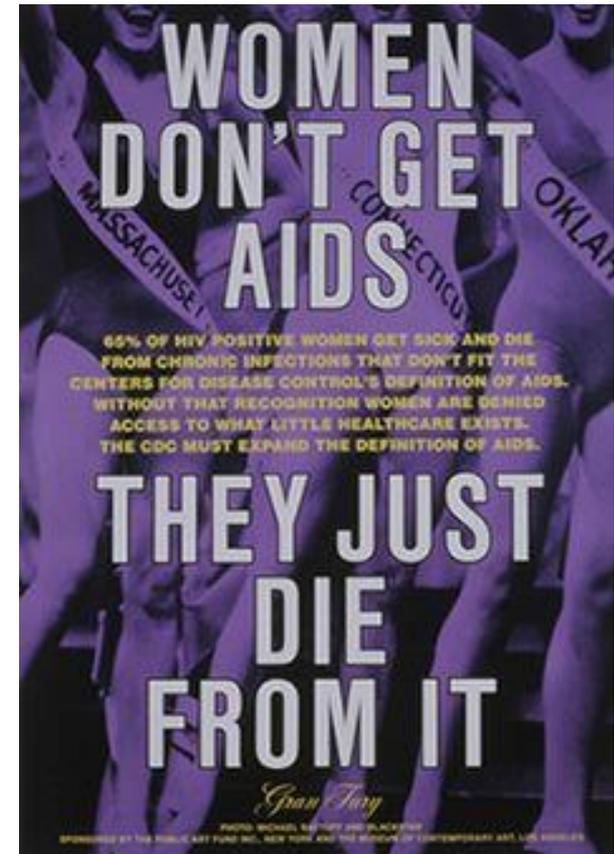
# DEVELOPMENTS

## De-stigmatising HIV/AIDS

- Overcoming barriers to accessing HIV care
- Legal recourse to protect infected individuals

## Rights of women and children

- Empowering women
- Mother/child focused health care facilities



# GLORIES

## **Prevention of HIV MTCT**

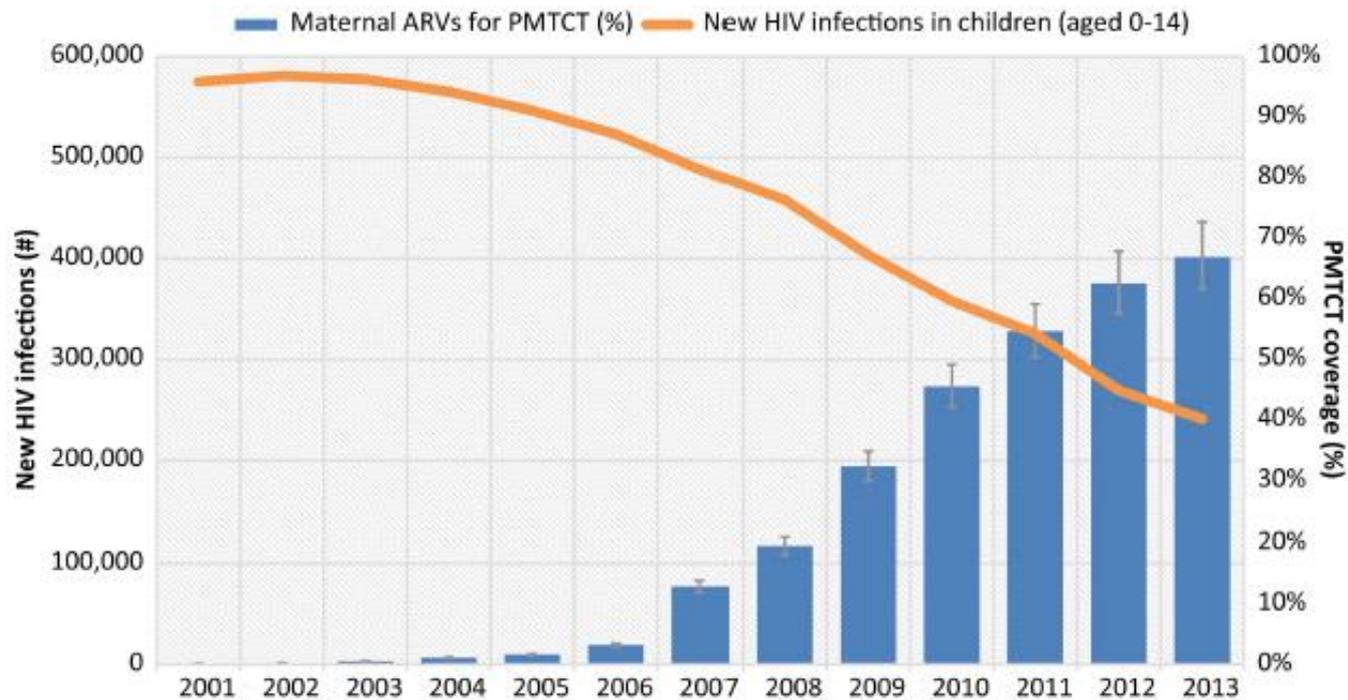
- Comprehensive strategies reduce MTCT < 0.5%
- ~2/3 of women have access to PMTCT programs (2012)
- 58% decline in new childhood infections (2001-2012) due to PMTCT

## **Anti-retroviral therapy**

- 760,000 children receiving ART
- 40% decline in AIDS-related mortality (2005-2013)

# PROGRESS

New HIV infections (aged 0-14) and coverage of maternal ART for PMTCT in low- and middle-income countries, 2001-2013



Source: UNAIDS 2014 HIV and AIDS estimates, August 2014

# SHORTCOMINGS

## **3.3 million children living with HIV**

- 240,000 new infections in 2013

## **~25% receive ART**

- Limited available ART options

## **500 die each day of HIV/AIDS-related causes**

## **22 priority countries account for 90% of new infections**

# SHORTCOMINGS

## **Access to antenatal diagnosis**

- 54% of pregnant women in low- and middle-income countries did not receive a HIV test in 2013

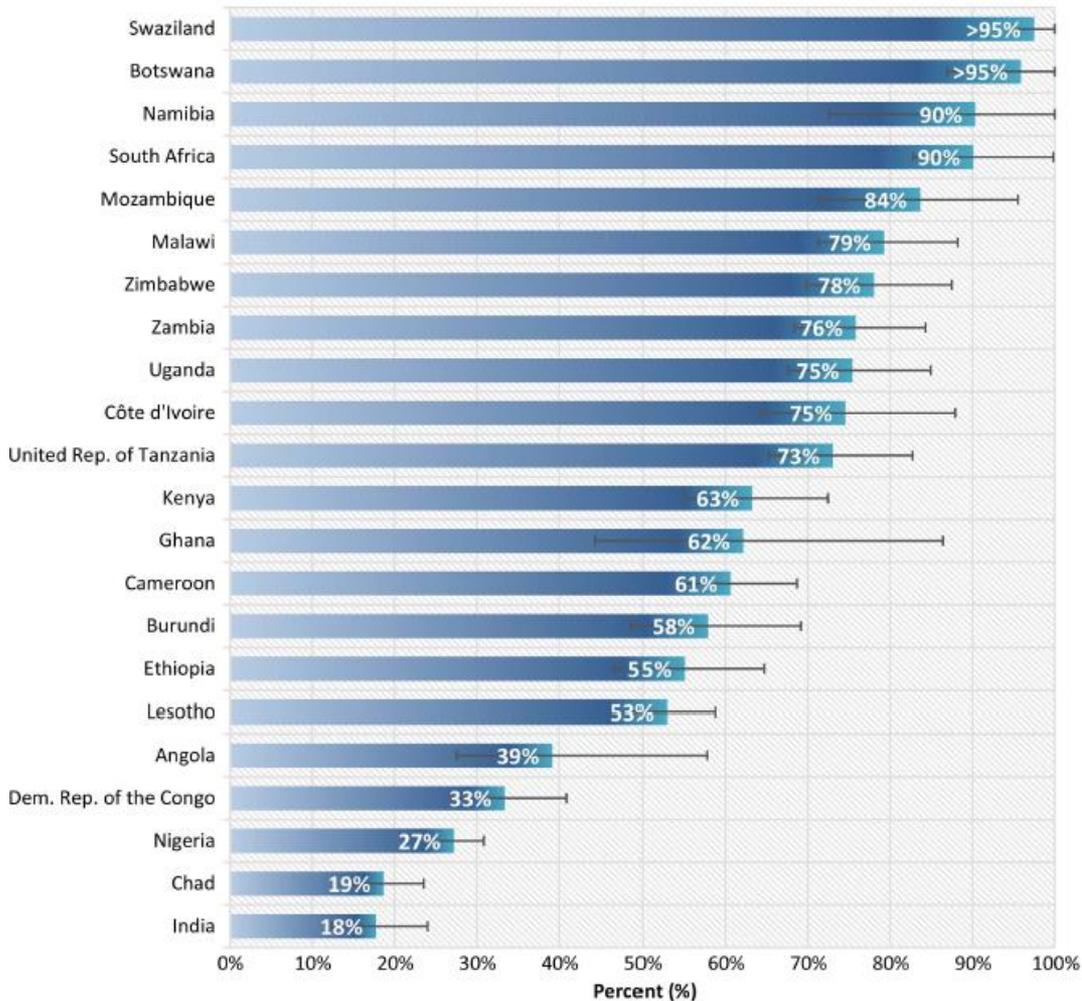
## **Early infant diagnosis**

- 44% of all HIV-exposed infants tested < 2 months of age
  - 6 priority countries have EID coverage > 50%
  - 5 priority countries have EID coverage < 6%
- Variable infrastructure between decentralised management programs and centralised laboratory services

## **HIV not a focus outside of PMTCT settings**

- Nutritional services, TB clinics, children of parents in HIV clinics, hospitalised adolescents, immunisation clinics

# ANTENATAL ARV ACCESS

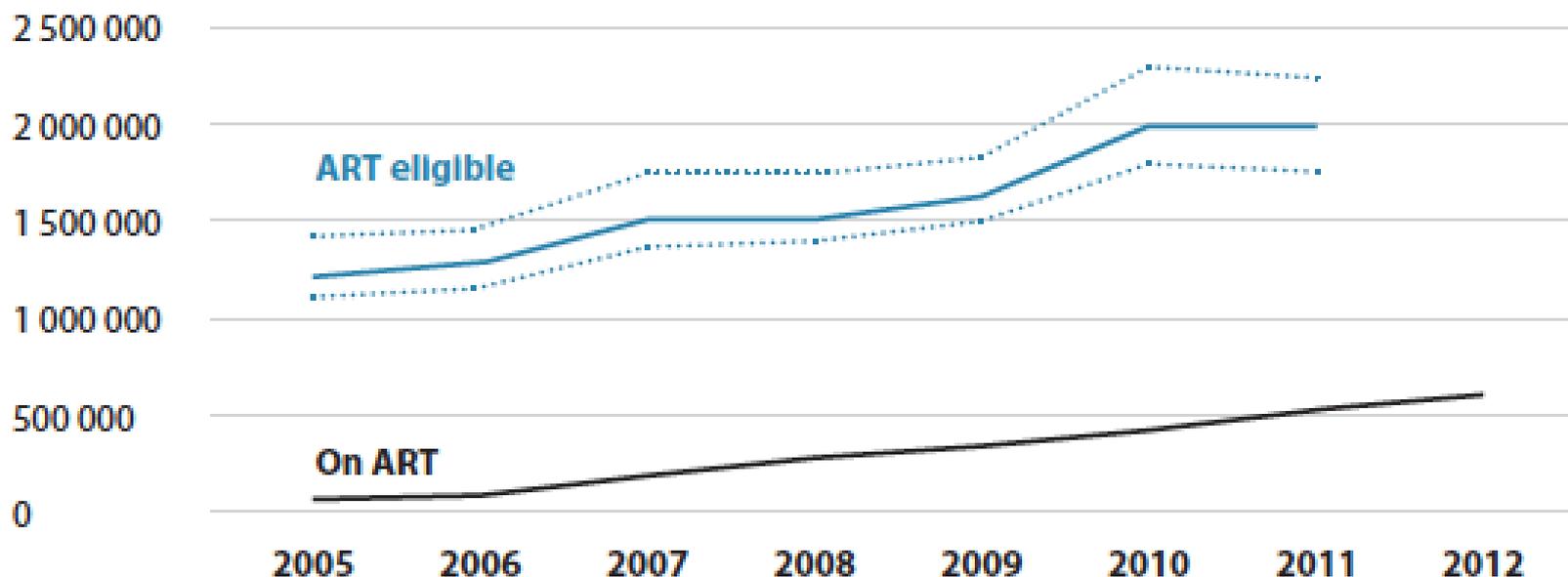


Percentage of HIV-infected pregnant women receiving most effective ARVs for PMTCT (2013).

Source: Joint United Nations Programme on HIV/AIDS, The Gap Report, Geneva, July 2014.

# SHORTCOMINGS

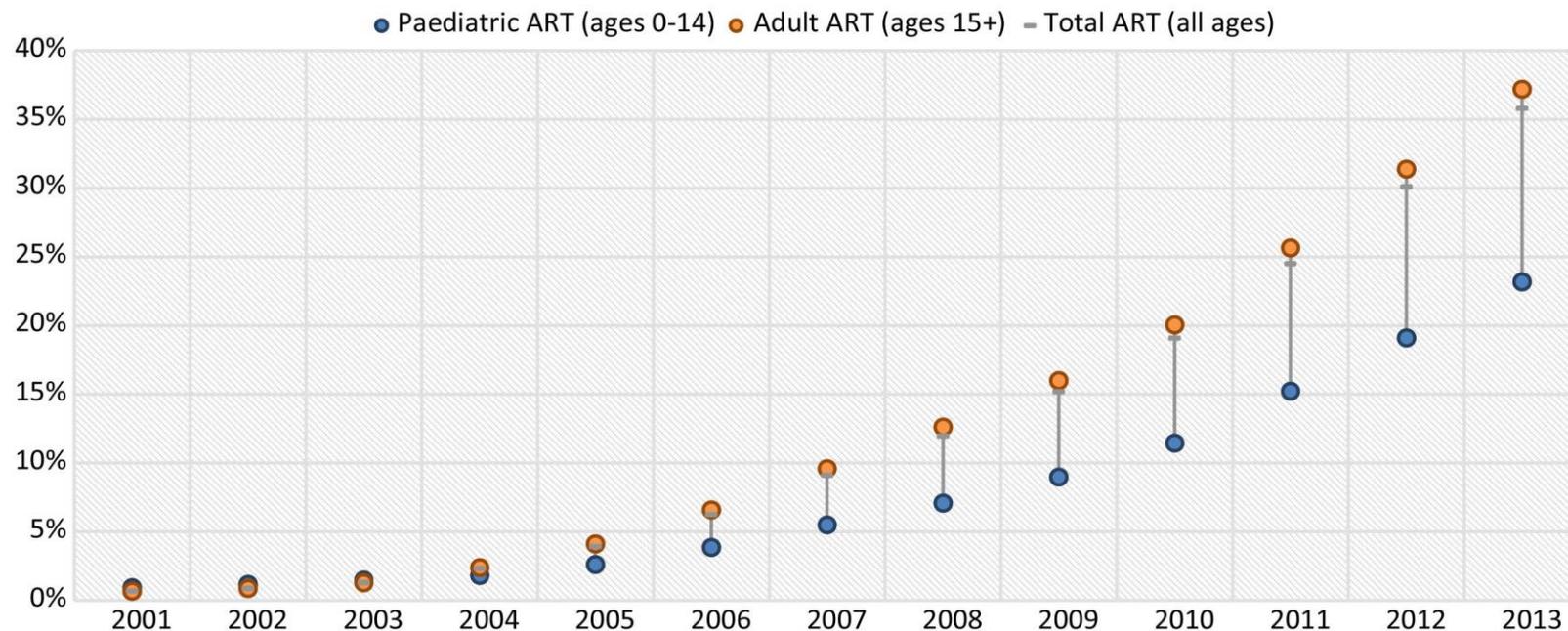
## Treatment gap between children eligible and children receiving ART



Source: 2013 UNAIDS Report on the Global AIDS Epidemic

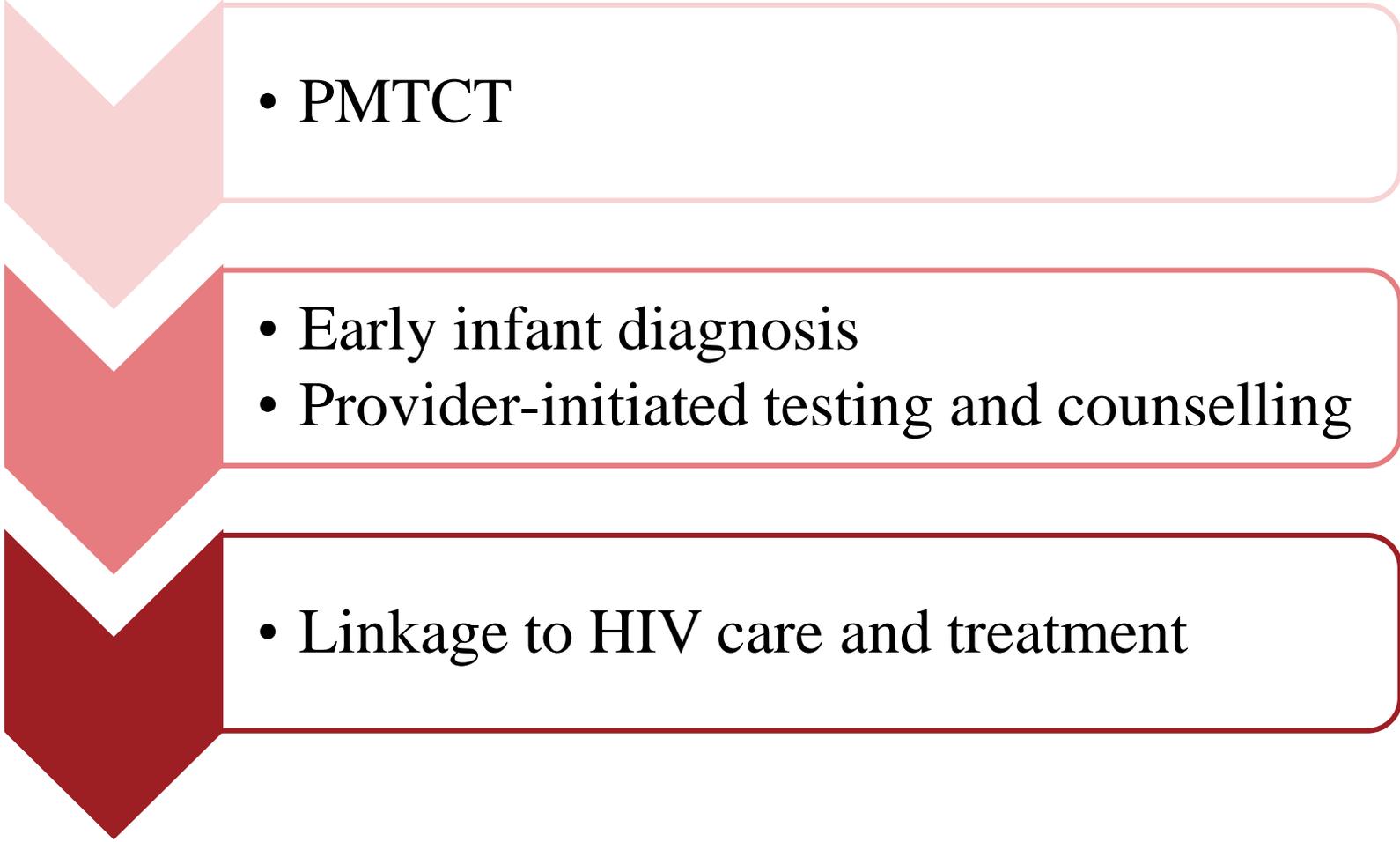
# SHORTCOMINGS

**The treatment gap between paediatric and adult ART coverage (2014)**  
(low and middle income countries)



Source: UNAIDS 2014 HIV and AIDS estimates, August 2014

# CASCADE OF CARE

- 
- PMTCT

- Early infant diagnosis
- Provider-initiated testing and counselling

- Linkage to HIV care and treatment

# TOWARD UNIVERSAL ACCESS

## **Decentralising HIV diagnosis and management**

- Task-shifting to lower-level health facilities
- Integration into more accessible child health services
  - Tailored to national infrastructure, health budget, and HIV prevalence
- Affordable and feasible point-of-care diagnostic/monitoring technologies
  - With accessible reference laboratories
- Facilitate compliance and minimise loss to follow-up

# TOWARD UNIVERSAL ACCESS

## **Paediatric HIV Treatment Initiative (PHTI)**

- UNITAID + DNDi + MPP
  - Co-ordinate research and development for priority therapies
  - Sharing intellectual property
  - Assuring sustainability of paediatric HIV market

## **Co-ordination between PHTI and WHO**

- Harmonise targeted ARV formulations with treatment guidelines
- For new ARVs and ARVs in the pipeline

# PAEDIATRIC ARV PIPELINE

COMPOUND	FORMULATION(S) AND DOSE	STATUS/COMMENTS
<b>NRTI</b> TAF	Dose under investigation	Phase II/III FDC treatment-naïve adolescents
<b>NNRTI</b> ETR RPV	Dispersible tablets Paed tablets, granules	Approved 6-18yrs; Phase I/II age 2m– 6y Phase II adolescents; Phase I/II planned for age 2-12yrs
<b>PI + combinations</b> ATV ATV/COBI DRV/COBI LPV/r LPV/r/3TC/ABC or AZT	Powder satchet, paed capsules In development In development Pellets in capsules Granules	FDA approved >3m; Phase III/IIIb for aged 3m-6y Phase II/III treatment-experienced aged 3m-18y Phase II/III treatment-experienced aged 3m-18y Submitted to FDA Formulation work ongoing
<b>BOOSTER</b> COBI	Paed tablets, dispersible tablets	Under development in FDC
<b>INSTI + combinations</b> RAL EVG EVG/COBI/FTC/TDF (Stribild) EVG/COBI/FTC/TAF DTG DTG/ABC/3TC	Granules Paed tablets, suspension Paed tablets Paed tablets Granules, Paed tablets Paed formulation in development	FDA approved for >4w; Neonatal PK and safety study ongoing PK data completed for 12-18yrs; EVG/r study planned for all age groups Studies underway in treatment-naïve adolescents; 6-12yrs planned Studies underway in treatment-naïve adolescents; 6-12yrs planned Approved 12-18yrs; Phase I/II for age 6w-18y Studies ongoing to confirm DTG dosing
<b>CCR5 receptor antagonist</b> MVC	Suspension	Phase IV treatment experienced age 2-18yrs

Adapted from PENTA guidelines for treatment of paediatric HIV-1 infection 2015: optimising health in preparation for adult life

See [www.pipelinereport.org](http://www.pipelinereport.org) for updates

# **ADOLESCENTS – KEY POPULATION**

**42% of new infections outside of childhood age group (2010)**

**Diverse demographic and socio-economic backgrounds**

- Perinatal and behavioural acquisition

**Treatment experienced and fatigued**

- Toxicities, resistance, adherence issues, transmission risk

**Difficulties engaging health care**

**Reproductive health and family planning**

**Transition issues**

# ENDING HIV/AIDS EPIDEMIC BY 2030

## **90-90-90 by 2020**

- 90% know status (100% of all HIV-exposed newborns)
- 90% on treatment
- 90% undetectable viral load

**HIV-free generation on the horizon!**

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